

Ensenada

House Greens, Grape Tomato, Red Onion,
Roasted Corn, Roasted Red Pepper, Avocado,
Cilantro Citrus Dressing

Entrée \$9 Side \$7

Roasted Veggie

Spring Mix, Roasted Carrot, Roasted Eggplant,
Roasted Red Pepper, Grilled Zucchini,
Olive Oil & Vinegar

Entrée \$9 Side \$7

Cobb

Romaine, Grape Tomato, Carrot, Hard Boiled Egg,
Bacon, Avocado, Blue Cheese Dressing

Entrée \$9 Side \$7

Mediterranean

Romaine, Grape Tomato, Cucumber, Red Onion,
Kalamata Olive, Feta, Greek Vinaigrette

Entrée \$9 Side \$7

Bistro

Spring Mix, Golden Beets, Walnut, Dried Cranberry,
Blue Cheese, Balsamic Vinaigrette

Entrée \$9 Side \$7

Spinach

Spinach, Bacon, Hard Boiled Egg,
Mushroom, Parmesan Peppercorn Dressing

Entrée \$9 Side \$7

Custom Salad

Choose any greens. Ingredients & proteins are priced à la carte. **Basic \$.60 Select \$1.20**
Entrée \$4.50 plus toppings Side \$2.50 plus toppings

Superfood

Spinach, Chopped Kale, Broccoli,
Roasted Yam, Quinoa, Avocado,
Olive Oil & Lemon Juice

Entrée \$9 Side \$7

Power Plant

Spinach, Carrot, Garbanzo Bean,
Radish Sprout, Almond, Goddess Dressing

Entrée \$8 Side \$6

Chopstick

Spring Mix, Carrot, Radish Sprouts,
Bell Pepper, Celery, Edamame, Sesame Seed,
Sesame Ginger Dressing

Entrée \$8 Side \$6

Garden

House Greens, Grape Tomato, Cucumber,
Carrot, Croutons, Ranch Dressing

Entrée \$7 Side \$5

Caesar

Romaine, Shaved Parmesan, Croutons,
Creamy Caesar Dressing

Entrée \$7 Side \$5

Caprese

Spring Mix, Grape Tomato, Cucumber,
Fresh Mozzarella, Fresh Basil, Balsamic Vinaigrette

Entrée \$7 Side \$5

Salads

Salad Combo

Add Soup or Potato & Drink

Entrée \$11 Side \$9

Add Protein

Organic Sweet Chili Tofu \$2

Grilled Chicken Breast \$3

Buffalo Chicken Breast \$3

Roasted Turkey Breast \$3

Grass Fed Flank Steak \$4

Cajun Seared Ahi Tuna \$4

**All Proteins are
Antibiotic & Hormone Free**

wraps

California Turkey

Roasted Turkey, House Greens, Grape Tomato, Red Onion, Cheddar, Avocado, Ranch Dressing **\$9.50**

BLT Chicken Caesar

Grilled Chicken Breast, Romaine, Grape Tomato, Shaved Parmesan, Bacon, Creamy Caesar Dressing **\$9**

Greek Turkey

Roasted Turkey, Spinach, Grape Tomato, Cucumber, Red Onion, Feta, Greek Vinaigrette **\$9**

Point Loma Turkey

Roasted Turkey, Spring Mix, Apples, Dried Cranberries, Blue Cheese, Balsamic Vinaigrette **\$9**

Margherita Chicken

Grilled Chicken Breast, Spring Mix, Grape Tomato, Red Onion, Fresh Mozzarella, Fresh Basil, White Balsamic Basil Vinaigrette **\$8.50**

Buffalo Chicken

Grilled Buffalo Chicken, Romaine, Carrots, Celery, Blue Cheese Dressing **\$7.50**

Vegan Market

Avocado, Spring Mix, Carrot, Cucumber, Bell Pepper, Radish Sprout, Goddess Dressing **\$7.50**

Custom Wrap

Choose any greens. **\$3**

Ingredients & proteins are priced à la carte.

Basic \$.60 Select \$1.20

Wrap Combo

Add Soup or Potato & Drink **\$11**

Premium. Natural.

We are committed to providing our customers with a delicious, convenient & healthful dining experience.

**Tomato Basil Bisque
Vegan Chili
Soups of the Day**

Cup \$3 Bowl \$4 Family \$12

Baked Potato

Butter, Salt & Pepper \$3

BBC Potato

Broccoli, Bacon &
Cheddar \$5

Chili Baked Potato

Chili, Cheddar &
Green Onion \$5

Baked Yam

Butter & Cinnamon \$3

Moroccan Yam

Sour Cream, Almonds, Green
Onion & Moroccan Spices \$5

Loaded Potato

Bacon, Cheddar,
Sour Cream & Green Onion \$5

Roasted Potato Wedges

Roasted with Olive Oil & Spices
Regular \$3 Family Size \$8

Delivery

Lettuce bring the food to you!

The Greenspot partners with many online and mobile delivery services, order using your favorite app or website.

Catering

The Greenspot can make your next meeting a success with our premium natural catering services.

Drinks

**Iced Green Tea
Iced Black Tea
Fresh Lemonade
Fountain Drinks
\$2**

**Pellgrino
Hansens
Coconut Water
Natural Drinks
See Drink Cooler**

Sides