

Salads

Small Salad: Serves 8-10
Large Salad: Serves 16-18

Ensenada Salad

Small \$34.00 Large \$56.00
House Greens, Tomato,
Red Onion, Roasted Corn,
Roasted Red Pepper, Avocado
Cilantro Citrus Dressing

Superfood Salad

Small \$36.00 Large \$60.00
Spinach, Kale, Broccoli,
Sweet Potato, Quinoa, Avocado,
Olive Oil and Lemon Juice

Greek Salad

Small \$34.00 Large \$56.00
Romaine Lettuce, Tomato, Cucumber,
Kalamata Olives, Feta, Red Onion
Greek Vinaigrette

Caesar Salad

Small \$30.00 Large \$48.00
Romaine Lettuce,
Parmesan Cheese, Croutons
Creamy Caesar Dressing

Garden Salad

Small \$30.00 Large \$48.00
House Greens, Tomato,
Cucumber, Carrot, Croutons
Buttermilk Ranch Dressing

Bistro Salad

Small \$34.00 Large \$56.00
Organic Spring Mix, Golden Beets,
Cranberry, Walnut, Blue Cheese
Balsamic Vinaigrette

Powerplant Salad

Small \$34.00 Large \$56.00
Spinach, Carrot, Garbanzo Beans,
Radish Sprouts, Almonds
Goddess Dressing

Cobb Salad

Small \$36.00 Large \$62.00
Romaine Lettuce, Tomato, Carrot,
Egg, Bacon, Avocado
Blue Cheese Dressing

Spinach Salad

Small \$36.00 Large \$60.00
Spinach, Red Onion,
Mushroom, Egg, Bacon
Parmesan Peppercorn Dressing

Roasted Veggie Salad

Small \$36.00 Large \$62.00
Spring Mix, Roasted Carrot, Eggplant,
Roasted Red Pepper, Grilled Zucchini
Olive Oil and Vinegar

**Add Grilled Chicken
Breast to Any Salad
\$14 per lb.**

Wraps

Small Tray: 12 Half Wraps
Large Tray: 18 Half Wraps
Small \$54.00 Large \$86.00

California Turkey

Turkey, Cheddar, Avocado, Tomato,
Red Onion, Organic Spring Mix,
Ranch Dressing

Buffalo Chicken

Buffalo Chicken, Carrots, Celery,
Green Onion, Blue Cheese Crumbles,
Romaine Lettuce, Blue Cheese Dressing

Greek Turkey

Turkey, Feta Cheese, Tomatoes,
Cucumbers, Red Onions, Spinach
Greek Vinaigrette

Margherita Chicken

Chicken, Fresh Mozzarella, Tomato,
Fresh Basil, Red Onion, Spring Mix
White Balsamic Basil Vinaigrette

BLT Chicken Caesar

Grilled Chicken, Bacon, Tomato,
Parmesan Cheese, Romaine Lettuce
Creamy Caesar Dressing

Vegan Market

Organic Spring Mix, Cucumber, Carrot,
Radish Sprouts,
Bell Pepper, Avocado
Goddess Dressing

Point Loma Turkey

Turkey, Apples, Dried Cranberries,
Blue Cheese Crumbles,
Organic Spring Mix
Balsamic Vinaigrette

Assorted Wrap Tray

Mix and Match your favorite Wraps to
create the perfect tray for your event.

Sides

Roasted Potato Wedges

Dipping Sauces Included
Box (32pcs.) \$16.00
Tray (96pcs.) \$44.00

Baked Potato

Served with butter, salt, & pepper on the side
Six Pack \$16.00

Baked Yam

Served with butter & cinnamon on the side
Six Pack \$16.00

Soup

Tomato Basil Bisque, Greenspot Chili,
House-made Selection of Daily Soups
32 oz. Serves 4 \$12.00
96 oz. Serves 12 \$36.00